Community Resource and Referral List:

**Tennessee 211**
Tennessee 2-1-1 has a database of more than 10,000 health and human services programs.
http://TN211.mycommunitypt.com
info@211tn.org

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Memphis</td>
<td>855-354-4211; 901-415-2790</td>
<td>Jackson</td>
<td>877-422-1816</td>
</tr>
<tr>
<td>Chattanooga</td>
<td>866-921-3035; 423-265-8000</td>
<td>Knoxville</td>
<td>866-588-4211</td>
</tr>
<tr>
<td>Johnson City</td>
<td>423-926-0144</td>
<td>Kingsport</td>
<td>866-246-5816</td>
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<tr>
<td>West TN</td>
<td></td>
<td>Hamblen</td>
<td>865-692-5258</td>
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**West TN**

**Child Advocacy Center**
1085 Poplar Avenue, Memphis, TN 38105
901.525.2377
www.memphiscac.org or info@MemphisCAC.org
Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

**Memphis Center of Excellence for Children in State’s Custody**
711 Jefferson Ave, Memphis, TN 38105
1.886.448.3420
https://www.uthsc.edu/bcdd/services/demonstration/coe/index.php
Description: They offer counseling to address any forms of trauma including TF-CBT.

**The Exchange Club of Memphis**
2180 Union Avenue, Memphis, TN
901.276.2200
www.exchangeclub.net
Description: They offer various counseling and supportive services such as: Parenting Education Classes, First S.T.E.P.S. (Skills to Ensure Parenting Success), Visitation Services, Anger Management Classes, General Counseling, Play Therapy (ages 2 to 4 years), and Parent Child Interactive Therapy (P.C.I.T.) (ages 2 to 6 years).

**Kemmons Wilson Family Center for Good Grief**
1520 West Popular Ave., Collierville, TN 38017
901.861.5656
https://www.bmhgiving.org/cgg-kwfc-about
Description: Grief counseling provides support for children who are grieving the death of a loved one and allows them to share their experience with others as they move through the healing process—all in a therapeutic environment.
Memphis Family Connection Center
8350 Macon Rd., Cordova, TN  38018
901-614-1902
https://memphisfamilycc.org/
Description: Memphis Family Connection Center provides connection based trauma informed care to the Shelby County, TN adoptive, foster care and special needs community. Holistic attachment centered counseling, connection based play, occupational therapy, calming techniques, nutrition plans, sensory care, resources, and educational support are all provided through the TBRI (Trust Based Relational Intervention) model.

Exchange Club Carl Perkins Center
There are locations in the following counties: Madison, Chester, Crockett, Henderson, Haywood, Gibson, Hardeman, McNairy, Carroll, Decatur, Fayette, Lauderdale, Hardin, Tipton, Weakley, and Henry.
Central Office
PO Box 447, Jackson, TN  38302
https://carlperkinscenter.org
Description: The programs provided by the Carl Perkins Center include 24 hour hot line services, Americorps program, child advocacy centers services, community education, forensic interviewing, non-offending caregiver support, nurturing parenting, relative caregiver program, stewards of children program, therapeutic visitation, trauma focused-cognitive behavioral therapy and victim advocacy services.

Middle TN

Child Advocacy Center
17 locations throughout Middle TN
615-333-5832
www.tncac.org
Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

Lifecare Family Services
7 locations throughout Middle TN
1-877-881-0359
http://lifecarefamily.org/
Description: Faith-based Community Mental Health Center that offers individual or family therapy, child psychiatric care and counseling, mental health case management, and in home child and family services.

Monroe Carroll Jr. Children’s Hospital at Vanderbilt
2200 Children’s Way Nashville, TN  37232
615-936-1000
http://www.childrenshospital.vanderbilt.org
Description: Counseling to address any forms of behavior, attachment, parent-child relationship issues, autism, etc.
**Mental Health Cooperative**  
Several locations throughout Middle TN  
1-855-274-7471  
[http://www.mhc-tn.org](http://www.mhc-tn.org)  
Description: The Mental Health Cooperative is a behavioral health agency exclusively serving adults with serious mental illness and children and adolescents with serious emotional disorders through illness management, rehabilitation, and recovery.

**Allied Behavioral Health Services—Remote Counseling Solutions**  
615-292-3661  
[http://alliedbehavior.com](http://alliedbehavior.com)  
Description: Allied Behavioral Health Solutions provides individual counseling, applied behavioral analysis and integrated health solutions for families that may not be serviced by more traditional counseling.

**North East TN**

**Child Advocacy Center of East Tennessee**  
2505 Kingston Pike, Knoxville, TN, 37919  
865-637-1753  
Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

**Knoxville Center of Excellence for Children in State’s Custody**  
Cherokee Health Systems  
2018 Western Avenue, Knoxville, TN 37921  
1.886.448.3420  
[https://www.etsu.edu/statecustody](https://www.etsu.edu/statecustody)  
Description: They offer counseling to address any forms of trauma including TF-CBT.

**East Tennessee Children’s Hospital**  
[https://www.etch.com/](https://www.etch.com/)  
2018 W Clinch Ave, Knoxville, TN 37916  
865-541-8000  
Description: Counseling and Play Therapy to address any forms of trauma

**Grief Outreach Initiative by UT Knoxville**  
University Center- Knoxville, TN, 37996  
(865) 974-3845  
Description: Grief counseling provides support for children who are grieving the death of a loved one and allows them to share their experience with others as they move through the healing process-all in a therapeutic environment.
**South East TN**

**Child Advocacy Center**
419 North Market Street, Chattanooga, TN 37405
423–266–6918; Fax: 423–265–0620
Description: Specialized training in trauma-focused cognitive-based therapy for children. They provide direct assessment, therapy, and support services and are specially trained to deal with the intricate problems relating to child victimization.

**Stewart Heights Biblical Counseling Center**
1505 Cloverdale Drive, Hixson, TN 37343
(423) 877-2643
[http://stuartheights.org/resources/counseling/](http://stuartheights.org/resources/counseling/)
Description: Biblical counseling related to marriage, parenting, sexual sin, emotional issues, etc.

**Partnership for Families, Children and Adults**
1800 McCallie Ave., Chattanooga, TN 37404
423.755.2822; Fax: 423.697.3812
[https://www.partnershipfca.com/www](https://www.partnershipfca.com/www)
Description: Counseling and support services for families and individuals, including life coaching and education services.