

Community Resource and Referral List:

Tennessee 211

Tennessee 2-1-1 has a database of more than 10,000 health and human services programs.

<http://TN211.mycommunitypt.com>

info@211tn.org

Memphis 855-354-4211; 901-415-2790	Jackson 877-422-1816	Clarksville 800-639-5370; 931-552-4636
Chattanooga 866-921-3035; 423-265-8000	Knoxville 866-588-4211	Nashville 800-318-9335
Johnson City 423-926-0144	Kingsport 866-246-5816	Hamblen 865-692-5258

West TN

Child Advocacy Center

1085 Poplar Avenue, Memphis, TN 38105

901.525.2377

www.memphiscac.org or info@MemphisCAC.org

Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

Memphis Center of Excellence for Children in State's Custody

711 Jefferson Ave, Memphis, TN 38105

1.886.448.3420

<https://www.uthsc.edu/bcdd/services/demonstration/coe/index.php>

Description: They offer counseling to address any forms of trauma including TF-CBT.

The Exchange Club of Memphis

2180 Union Avenue, Memphis, TN

901.276.2200

www.exchangeclub.net

Description: They offer various counseling and supportive services such as: Parenting Education Classes, First S.T.E.P.S. (Skills to Ensure Parenting Success), Visitation Services, Anger Management Classes, General Counseling, Play Therapy (ages 2 to 4 years), and Parent Child Interactive Therapy (P.C.I.T.) (ages 2 to 6 years).

Kemmons Wilson Family Center for Good Grief

1520 West Popular Ave., Collierville, TN 38017

901.861.5656

<https://www.bmhgiving.org/cgg-kwfc-about>

Description: Grief counseling provides support for children who are grieving the death of a loved one and allows them to share their experience with others as they move through the healing process-all in a therapeutic environment.

Memphis Family Connection Center

8350 Macon Rd., Cordova, TN 38018

901-614-1902

<https://memphisfamilycc.org/>

Description: Memphis Family Connection Center provides connection based trauma informed care to the Shelby County, TN adoptive, foster care and special needs community. Holistic attachment centered counseling, connection based play, occupational therapy, calming techniques, nutrition plans, sensory care, resources, and educational support are all provided through the [TBRI \(Trust Based Relational Intervention\)](#) model.

Exchange Club Carl Perkins Center

There are locations in the following counties: Madison, Chester, Crockett, Henderson, Haywood, Gibson, Hardeman, McNairy, Carroll, Decatur, Fayette, Lauderdale, Hardin, Tipton, Weakley, and Henry.

Central Office

PO Box 447, Jackson, TN 38302

<https://carlperkinscenter.org>

Description: The programs provided by the Carl Perkins Center include 24 hour hot line services, Americorps program, child advocacy centers services, community education, forensic interviewing, non-offending caregiver support, nurturing parenting, relative caregiver program, stewards of children program, therapeutic visitation, trauma focused-cognitive behavioral therapy and victim advocacy services.

Middle TN**Child Advocacy Center**

17 locations throughout Middle TN

615-333-5832

www.tncac.org

Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

Lifecare Family Services

7 locations throughout Middle TN

1-877-881-0359

<http://lifecarefamily.org/>

Description: Faith-based Community Mental Health Center that offers individual or family therapy, child psychiatric care and counseling, mental health case management, and in home child and family services.

Monroe Carroll Jr. Children's Hospital at Vanderbilt

2200 Children's Way Nashville, TN 37232

615-936-1000

<http://www.childrenshospital.vanderbilt.org>

Description: Counseling to address any forms of behavior, attachment, parent-child relationship issues, autism, etc.

Mental Health Cooperative

Several locations throughout Middle TN

1-855-274-7471

<http://www.mhc-tn.org>

Description: The Mental Health Cooperative is a behavioral health agency exclusively serving adults with serious mental illness and children and adolescents with serious emotional disorders through illness management, rehabilitation, and recovery.

Allied Behavioral Health Services—Remote Counseling Solutions

615-292-3661

<http://alliedbehavior.com>

Description: Allied Behavioral Health Solutions provides individual counseling, applied behavioral analysis and integrated health solutions for families that may not be serviced by more traditional counseling.

North East TN

Child Advocacy Center of East Tennessee

2505 Kingston Pike, Knoxville, TN, 37919

865-637-1753

<https://www.childhelp.org/advocacy-centers/childrens-center-of-east-tennessee/>

Description: They offer counseling to address trauma including sexual and/or physical abuse using Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

Knoxville Center of Excellence for Children in State's Custody

Cherokee Health Systems

2018 Western Avenue, Knoxville, TN 37921

1.886.448.3420

<https://www.etsu.edu/statecustody>

Description: They offer counseling to address any forms of trauma including TF-CBT.

East Tennessee Children's Hospital

<https://www.etch.com/>

2018 W Clinch Ave, Knoxville, TN 37916

865-541-8000

Description: Counseling and Play Therapy to address any forms of trauma

Grief Outreach Initiative by UT Knoxville

University Center- Knoxville, TN, 37996

(865) 974-3845

Description: Grief counseling provides support for children who are grieving the death of a loved one and allows them to share their experience with others as they move through the healing process-all in a therapeutic environment.

South East TN

Child Advocacy Center

419 North Market Street, Chattanooga, TN 37405

423-266-6918; Fax: 423-265-0620

Description: Specialized training in trauma-focused cognitive-based therapy for children. They provide direct assessment, therapy, and support services and are specially trained to deal with the intricate problems relating to child victimization.

Stewart Heights Biblical Counseling Center

1505 Cloverdale Drive, Hixson, TN 37343

(423) 877-2643

<http://stuartheights.org/resources/counseling/>

Description: Biblical counseling related to marriage, parenting, sexual sin, emotional issues, etc.

Partnership for Families, Children and Adults

1800 McCallie Ave., Chattanooga, TN 37404

423.755.2822; Fax: 423.697.3812

<https://www.partnershipfca.com/www>

Description: Counseling and support services for families and individuals, including life coaching and education services.